



Ice Breakers

Here is a list of my most popular Ice Breakers. There are a million to use so any additional suggestions you might have I'm Very open minded.

- **Group YMCA with Hats**
- **Limbo**
- **Hula Hoop**
- **Moonlight Serenade**
- **Air Band**
- **Tricycle Races**
- **Hot Potato**
- **Musical Chairs**
- **Human Bowling**
- **Gold Digging**
- **Jump, Jump, Jump to it. Using very large rope 6 to10 people at a time.**
- **Mummy Wrap**
- **Balloon Burst**
- **Mr. Atlas... strong man carrying people.**
- **Dancing Contest, Twist, Hip Hop, Synchronized, Ballroom, Couples, and Waltz.**
- **Dodge Ball... using nurf balls**
- **Survivor**
- **Fear Factor**
- **Newlywed Game, Dating Game, How well do you Know...**
- **Gong Show**
- **Toss Across**
- **Freeze Frame**
- **Grande' Volley Ball (great for team building)**
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Accepted _____

Potential _____

Thank you for your time and Consideration,

Doc Titus

Owner

Dancing with Doc Productions